



**Bob Donovan and his son David scattered Ella Mae's ashes in the Back Forty of CCB on Mothers Day. Ella Mae had left detailed instructions about her desire to have her ashes dispersed after worship at the church that meant so much to her. She asked that we sing *In the Midst of New Dimensions* before the scattering and *Take Me Out to the Ballgame* after. Mike Venturino played the guitar as the congregation gathered in the parking lot and on the east veranda of the church. Two deer strolled by to pay their respects. Afterward, several people tossed their Mothers Day roses over the ashes before we ate cake in Ella Mae's honor. More photos appear on Page 5.**

## A summer note from Pastor Jim

**By Rev. Jim Mitulski**

Dear friends: We have so many things happening this summer. I want to especially encourage you to attend church on Sundays if you are in town. Do you have friends or family staying with you this summer? Invite them to come!

Even though our final choir Sunday is June 4, Elizabeth Mye is making sure there will still be special music each Sunday. Please be sure to come and thank the choir



**Rev. Jim Mitulski**

for their beautiful and inspiring contribution this past year.

Perhaps the most important thing we'll be doing is confirming our merger to form a Uniting Parish of Belmont and Redwood City if it is approved at the congregational meeting on June 25. It will be a summer of change and renewal, and I'm appealing to you to be as present as possible.

Here's a quick look at the

**See PASTOR'S COLUMN, Page 4**

## Congregational meeting called on June 25 to vote on merger

**By Micki Carter**

A congregational meeting to approve the merger agreement between CCB and the First Congregational Church of Redwood City has been called for immediately after worship on Sunday, June 25. The meeting will be conducted in person and via Zoom as well.

The Church Council voted on May 22 to call the meeting for a final vote on the merging of the two congregations. A quorum of 24 voting members of CCB is required to approve the agreement; FCCRC will vote separately on the merger. Here is the Zoom link for joining the meeting.

The merger agreement (which is available to be read [here](#)) is the only item on the agenda, but the Trustees will present a brief description of how the two budgets will mesh over the remaining six months of the CCB fiscal year.

This article will serve as the official announcement of the congregational meeting.

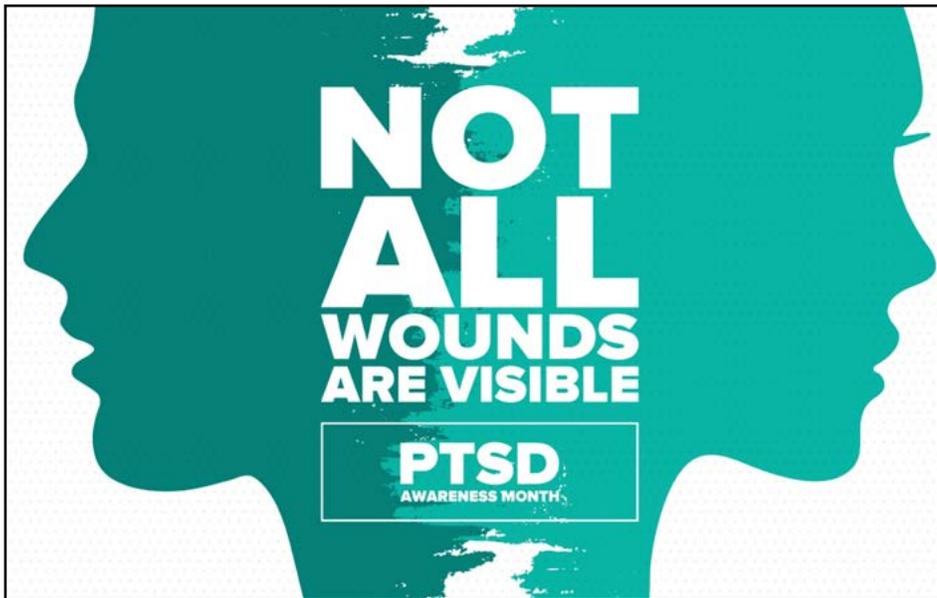
After the merger is approved, all members of FCCRC will become fully vested, voting members of CCB, and former members of FCCRC will be invited to join the current CCB boards and committees.

The newly merged congregation will do business as the Congregational Church of Belmont (even after a new name for the combined church is chosen) and operate under the current bylaws of CCB. A new set of bylaws is expected to be adopted at the Annual Meeting in February.

Your attendance at the meeting is strongly encouraged as CCB takes this important step into the future. Please plan to be with us.

**We are an Open and Affirming Congregation valuing everyone's race, ethnicity, gender, sexual orientation, age, class, physical and mental abilities.**

## June is PTSD Awareness Month



### By Rev. Dr. Thomas Crosby

Post-traumatic stress disorder (PTSD) is a mental health condition triggered by a terrifying event—experiencing or witnessing it. Yes, seeing a terrifying event can create PTSD. It can happen to anyone.

Symptoms may include flashbacks, nightmares, severe anxiety, and uncontrollable thoughts about the event. Attempts to control thoughts create additional stress. Learning about violent or unexpected trauma directed at a friend or family member creates PTSD, as well as repeated exposure to destructive details of traumatic events.

Most people who go through traumatic events may temporarily struggle to cope but generally improve with time and good self-care. If symptoms worsen and interfere with your daily functioning, you may have PTSD.

PTSD has four different types of symptoms, including flashbacks, avoidance, mood changes, and behavior changes. Flashbacks occur in distressing memories or dreams, usually feeling as if the trauma is happening again. Lack of sleep is a major problem for those with PTSD.

Avoidance symptoms such as trying to escape painful memories, thoughts, feelings, places, or people that remind you of the trauma are common. Mood changes occur through diminished interest in activities, detachment from others, and/or an inability to feel positive or negative emotions. Behavior

change symptoms include anger outbursts, reckless or self-destructive behavior, concentration problems, and/or hypervigilance.

Effective treatment after symptoms of PTSD develop can be critical to reducing symptoms and improving life function. PTSD has no cure. Here are a couple of professional and personal suggestions if you think you have PTSD.

- Seek the help of a professional trained in trauma therapy (do not be afraid to ask if the professional is trained in trauma therapy).

- Let others know that you are dealing with past trauma without going into details about the trauma.

- Create or continue spiritual practices such as church attendance, hiking, creating art, music, etc., regularly.

- Create a support community if you do not have one that includes family (biological or chosen), friends, church members, or social group members.

- Learn and practice self-forgiveness due to guilt and shame.

- End watching, reading, and/or listening to trigger items such as daily news shows, political television shows and podcasts, political websites, and watching television shows or movies with similar traumatic events.

## Pastor's column

Continued from Page One

evolving schedule of services:

**June 4** — Trinity Sunday and Graduation Sunday

**June 11** — Remembrances of Two Mass Shootings: Mother Emanuel AME Church in Charleston (June 17, 2015) and Pulse Nightclub in Orlando (June 12, 2016)

**June 18** — Juneteenth Celebration, with a special word of inspiration from Alexis Lewis, VP of the San Mateo Branch of the NAACP

**June 25** — Pride Day/Stonewall Commemoration with guest musician Dr. Susan Larson Kidd

**July 2** — Remembering Emma Lazarus and the Statue of Liberty with special music by Eric McCuen

**July 9** — Rev. Dr. Thomas Crosby will be our guest preacher

**July 16** — Family Camp Weekend, but we will still have church in Belmont!

**July 23** — Remembering Congressman John Lewis, faith activist

**July 30** — A Uniting Parish: possible service of covenanting between CCB and First Church RWC (pending outcome of our votes)

**Aug. 6** — Praying for Peace: Remembering Hiroshima and Nagasaki; also joint service with Island United at our church

**Aug. 13** — Joint service with Island United and CCB at Island Church

Aug. 20 — Emmett Till Commemoration

**Aug. 27** — TBD

**Sept. 3** — Labor Day Sunday

**Sept. 10** — Homecoming Sunday

**Sept. 17** — Rescheduled Boy Scout Service

God is doing something with us that none of us could have anticipated a year ago. The Spirit is moving — become part of that movement!

With love, Pastor Jim

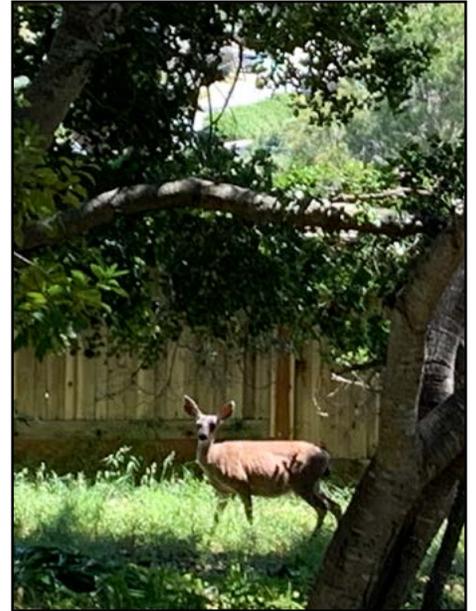
**Remember to attend the congregational meeting to approve the CCB-FCCRC merger after worship on June 25!**

To go to the Congregational Church of Belmont website, click on [CCB](#).

## More photos from the spreading of Ella Mae's ashes



Pastor Jim and Bob Donovan look on as son David scatters Ella Mae's ashes.



A curious deer looks on.



Friends and family look on and say their last goodbyes to Ella Mae.



Friends came down to join Bob and David.



Bob takes a turn to help disperse Ella Mae's ashes.

To go to the Congregational Church of Belmont website, click on [CCB](#).



LGBTQ  
Religious Archives Network  
Presents

# KIDS ON THE STREET: Queer Kinship and Religion in San Francisco's Tenderloin

Thursday  
June 15, 2023



Joseph Plaster, Ph.D.



Rev. Dr. Jim Mitulski  
Moderator

5:00pm PT - 7:00pm CT - 8:00pm ET

REGISTER @  
[bit.ly/kidsonthestreet](https://bit.ly/kidsonthestreet)

The Rev. Jim Mitulski will interview Joseph Plaster Ph.D. on his newly published book, *Kids on the Street: Queer Kinship and Religion in San Francisco's Tenderloin* (Duke University Press, 2023). In the book, Plaster explores the informal support networks that enabled abandoned and runaway queer youth to survive across the United States. Plaster draws on archival, ethnographic, oral history and public humanities research to outline the queer kinship networks, religious practices, performative storytelling and migratory patterns that allowed these kids to foster social support and mutual aid. By highlighting a politics where the marginal position of street kids is the basis for a moral economy of reciprocity, Plaster excavates a history of queer life that has been overshadowed by major narratives of gay progress and pride. Register [here](#).



Sarah Thornhill snapped this pic of Bob Shouse, Barbara White and Bob Donovan in the Narthex after church with Wesley. Bob Shouse asked if Wesley was "that snot-nosed kid that used to run around church." Now he's the same height as Bob!

## Online book group with Island United Church begins new book for Pride Month

The Island United Book Group meets via Zoom on Tuesdays from 1:30-2:30 p.m. and is open to everyone.

For June, LGBTQ Pride Month, they are reading *Tell the Rest*, by Lucy Jane Bledsoe. Lucy Jane will also attend the meeting on June 20 for a special Meet the Author session.

CCB has a few copies available for those who would like them. They are also available easily at the library or at local or online booksellers. Use this [link](#) to join the group on Tuesday afternoons.

To go to the Congregational Church of Belmont website, click on [CCB](#).

# Report from the Faith Summit on Ending Homelessness

By Linda Howard

What does a human being need to survive? On the most basic level, humans need food, water, shelter and safety. Feeling safe cannot be separated from shelter.

For this reason, about 75 people met in May for the Faith Summit on Ending Homelessness at the Congregational Church of San Mateo. Individuals from the county and various faith communities met to learn what is being done and to make plans of action to address the issue of homelessness in San Mateo County.

The summit began with a presentation on the demographics of homelessness in San Mateo County, followed by table discussions, a personal story and a panel discussion.

Mike Callagy, San Mateo County Executive, presented a PowerPoint showing data on numbers of homeless over time, where the unsheltered sleep, gender identity and ethnicity.

From 2013–2022, the year 2013 had the greatest number of homeless people in San Mateo County. A large percentage of our homeless citizens sleep in cars, vans or RVs.

Sixty-seven percent of homeless identify as male. The numbers represent the plight of the homeless, but behind every number is a human being.

To make the point that behind every number there is a human being, Juan Meza, a resident of Half Moon Bay, relayed his story. He came from a loving family and was a promising athlete, but alcoholism led to his descent into homelessness. Through one of the social service agencies in Half Moon Bay, he continues on the road to recovery.

A panel discussion followed after lunch. The panelists included representatives from Abundant Grace of Half Moon Bay, Samaritan House, the police department, Life Moves and WeHope of East Palo Alto. Each panelist described the work of their agency along with their own experience and perspective.

Unsheltered people whose numbers grow every year seem to be an intractable



problem. The summit provided an opportunity for those present to delve into deep conversations. At each table a facilitator asked three questions:

- (1) What has your faith community done to address homelessness? How successful was it?
- (2) What would it look like if the faith communities and the county partnered to reduce homelessness? What would be needed?
- (3) What are your ideas for creative approaches that may not have been tried?

One of the presenters described a poster that he saw a homeless person displaying on a busy city street. It read: "I used to be you." Homeless people come from all walks of life. All it can take is an illness, an accident, an economic downturn or bad luck for someone to become homeless.

At the end of the day Rev. Dr. Penny Nixon wrapped up the session by challenging faith communities to continue to increase support to the homeless and to participate in every possible way. Taking even the smallest of steps can lead to changing lives. Faith communities have the power of many individuals working together contributing time and financial, knowledge and land resources to address many social problems resulting from homelessness.

If you would like to ask further questions about the Summit on Homelessness, talk to Barbara White, Pastor Jim or me.



Kira, Micki and Mike's granddaughter, releases one of the butterflies that the CCB kids received on Easter Sunday.



Jane Dolan's granddaughter points at a butterfly before it flies away.

## Family Camp 2023

If you plan on joining us for Family Camp this July 14-16 at our usual spot in Monte Toyon, we ask that you please let us know as soon as possible. We have a large contingent joining us from College Heights UCC and we want to make sure that we reserve the right amount of space, meals, etc. Please email [office@ccbmont.org](mailto:office@ccbmont.org) if you plan to attend, or tell Henry when you see him at church. More info and a payment link can be found at [www.ccbelmont.org/family-camp/](http://www.ccbelmont.org/family-camp/).

To go to the Congregational Church of Belmont website, click on [CCB](#).



# teen park cleanup & bbq

**SUNDAY, JUNE 11**

**4:30-7PM**

**CENTRAL PARK, SAN MATEO**

We will pick up trash around the park and then enjoy a BBQ! Meet at the picnic tables by the playground.

## **COUNTS FOR VOLUNTEER HOURS**

sponsored by PMC teens



Questions: contact Jen Jacobson  
510-415-3607, [jennjacob@gmail.com](mailto:jennjacob@gmail.com)

To go to the Congregational Church of Belmont website, click on [CCB](#).

## Newly graduated Doctor of Ministry Thomas Crosby shares his thoughts

By Rev. Dr. Thomas Crosby

They kept telling me it would happen, but it felt like an eternity. Then I heard, “Our next Doctor of Ministry graduate is William Thomas Crosby.” I stood there for a minute when my friend tapped me on the shoulder and said, “That’s you, Thomas!” You know they were right; it did happen!

The last three years have been challenging and rewarding. My approach to ministry in the VA has changed significantly. The way I conduct individual and group conversations is different than the way I did three years ago. Presentations have a different feel, and others tell me I have a certain confidence when I speak.

I could take up several pages of this newsletter with the many things I learned; however, there is one thing I consider the most significant. I learned to love my conservative theological past. It still feels funny to say that out loud. For those of you who do not know, I am a Southern Baptist preacher’s kid and was raised with a conservative theology. This theology is not gay-friendly and creates significant barriers for those of us who struggle with our sexual orientation.

In one of our first classes, a discussion started about ministering to challenging veterans. My mind went to those with personality disorders and other mental health challenges. Then one of my classmates had a different idea, leading to him making a homophobic remark that reminded me of the past. As you can imagine, I returned a comment to challenge his statement, which surprised him. One thing I have learned about chaplains is that when you get them in a group, we believe we think alike for some reason. After a back and forth, the professor stopped the conversation and continued with the class. I was furious and wondered if I could tolerate similar comments for the remainder of the program.

As I looked at my computer screen, something happened. The Zoom chat function was bursting with various chats, most of them to me personally. They were all supportive of what I said and of me. After a few minutes, I realized this support came from chaplains with conservative theological beliefs. Wait, I just came out as a gay



**Thomas with his “honorary” granddaughter at his graduation**

man while defending spiritual care for gay veterans and couldn’t believe I was receiving this support.

Three years later, I have gotten to know many of those supporters. They are loving, caring ministers who see God’s world a little differently than I do, and I do mean “a little.” They love their work as much as I do and treasure the time they spend with veterans or military personnel, just like I do. They long to make a spiritual difference to a soul that is in pain like I do. They reach out to me for support and care as I do to them.

A while back, I was talking with one chaplain about the previous weekend’s events. He spoke of taking his kids to the beach and how much fun they had. Without thinking, I said, “Well, good for you, I had an awful date last weekend.” I just laughed when he mentioned that he would put “prayers for wonderful men for Thomas to date” on his prayer list. As we left the conversation, I realized that he was serious. He, this Southern Baptist chaplain, told me at graduation that it was still on his prayer list.

You could say that the last three years have been an experience to embrace new ideas and see old ideas in new positive ways. These last three years have been a valuable learning experience that has and will enrich the spiritual care I give our nation’s veterans.

## UCC receives \$10,000 grant to pilot youth mental health program

By Maic D’Agostino

The UCC and the UCC Mental Health Network recently received a \$10,000 grant from Columbia University’s Spirituality Mind Body Institute. According to the Rev. Sarah Lund, UCC minister for disabilities and mental health justice, the grant will be used to create a pilot program for youth mental health in digital spaces, focusing on navigating social media usage that is WISE (Welcoming, Inclusive, Supportive, and Engaged) for mental health. Planning for the pilot will begin in the fall.

The opportunity for this new initiative presented itself because of Lund’s involvement with two think tanks — based around suicide prevention and youth mental health — through the Center for Faith-Based and Neighborhood Partnerships of the U.S. Department of Health and Human Services.

“This grant builds on the groundbreaking work of the UCC’s commitment to disability and mental health justice, in particular the WISE for mental health covenant adopted by the General Synod in 2015,” Lund said. “This is a continuation of the UCC’s ongoing engagement with HHS dating back to the 1980s, when Rev. Dr. Harold Wilke participated in the efforts to pass the Americans with Disabilities Act in 1990.”

Initially, Lund participated in a pilot certification program on faith-based responses to mental health and wellness in youth through the Spirituality Mind Body Institute. Graduates of this program can apply for a seed grant of up to \$10,000 to support innovative approaches to faith-based mental health programming for youth, she explained.

And that’s just what the UCC is going to do.

“This is a collaboration between the national setting and the UCC Mental Health Network, with a team of both national staff and board members from the UCCMHN,” Lund said. “The pilot will be implemented by a working group of folks from the national setting, UCCMHN, local UCC congregations, local church pastors and local church youth.”

Read the full article [here](#).

To go to the Congregational Church of Belmont website, click on [CCB](#).

**FREE TO**  
**BE ME!**  
**IN 2023**

**WELCOME TO SMC PRIDE 2023!**

**Saturday June 10**  
**11am - 5pm**

San Mateo County's 11th Annual Pride Celebration is a space to champion inclusion and wellness for LGBTQIA+ folks and allies in our county.

This year's Pride Celebration (in-person) will be on Saturday, June 10th at San Mateo Central Park from 11am-5pm. We will have live entertainment, live DJ, resource and vendor booths, family friendly activities and more. **FREE ENTRY** and Sober Event.

Come celebrate our community's effort to build a connected, supportive, and well San Mateo County for all!

To go to the Congregational Church of Belmont website, click on [CCB](#).

# Family Fun Day turns out to be a success



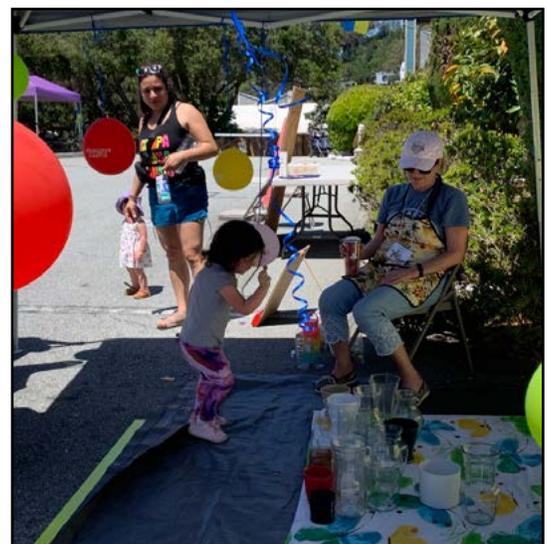
By Danielle Chamberlin

Family Fun Day was well attended and a fun time was had by everyone that participated. A HUGE thank you goes to BSA Troop 27 who fulfilled many of the volunteer hours needed to run the event! We reached many families in the community who might not have known we exist. Ursula Jorgensen, who led the face painting booth with her team from Bay Area Art Therapy, wrote:

“This is a belated but very BIG thank you for allowing us to support Family Fun Day... We are so impressed and enjoyed this we would like to offer to cohost next year if you wanted to branch out support

or offering for running the event. We have some partnerships with local family friend schools, businesses, and aid/community of refugees from Ukraine. We are thinking of doing our own community events with Ukraine efforts and this would be an extension of that, along with our commitment to do community work with our time, talent, and space provided here.

We are very excited to co-host the event next year with BAAT. Troop 27 has donated their amazing carnival games to us so we have everything we need to continue to host these events in the future.



To go to the Congregational Church of Belmont website, click on [CCB](#).

# Finding the real secret of life!

Gwen Jeong, a member of First Congregational Church of Redwood City, shared this blog post with us, saying: “One of the retired ministers from my home church Presbyterian Church in Chinatown has a weekly blog and there have been wonderful gems to be shared. They are germane to where FCRWC and CCB are right now.”

By Rev. Cal Chinn

**Editor’s note from Gwen Jeong:**

*Rev. Cal Chinn served as a minister for the Presbyterian Church in Chinatown, San Francisco, for 17 years. On Sunday June 11, 2006, he gave his parting retirement sermon. This day was also the 40th anniversary of his ordination as a Minister of Word and Sacrament.*

*One of the things he wanted to do during retirement was creative writing. He had been encouraged to publish his sermons and write his memoir. He attended writing conferences, published pieces in Christian Century, wrote a blog, and investigated traditional literary platforms including social media. He has concluded that his calling is to leave a legacy for his family, friends and colleagues and folks who know him already.*

*On the eve of his 82nd birthday, he launched his blog. His intent is not just to write about him; rather that his life experiences can serve as a lesson and wisdom for generations to come. How fortunate I am to have this access, to not only be captivated by his writing style, relate to the personal stories, and find guidance, another perspective in the world I face each day.*

*May it be so for you as I share parts (Section III and Conclusion) of his latest blog May 7, 2023, Ministry in Midwifery. As part of your community, I felt that the messages, both blatant and subtle, have relevance.*

*In his introduction, Rev. Chinn wrote about marking time and deadlines. In Section I, he wrote about time marching on so quickly. Life doesn’t stop. In Section II, he wrote about the Hebrew midwives, Shiprah and Puah from Exodus I. In Section III, he wrote about William Martin, author of The Art of Pastoring, and In his Conclusion, he wrote about love and choices.*

*Section III and Conclusion are snipped out of his blog for your reading. If you are interested in the full text or more information about Rev. Cal Chinn and his blog, you can find it [here](#) or, if you wish, ask me for his contact information.*

William Martin author of The Art of Pastoring writes: “When your congregation de-

spises you, it is a great sorrow. When your congregation holds you in awe, it seems somewhat better. When your congregation praises you far and wide, it seems even better still. But when your congregation hardly notices that you exist, you have become a pastor. When the pastor’s work is done, the congregation will truthfully say, ‘We did it ourselves.’ And the pastor will rejoice!”

It is time to move on, to look forward to the future.

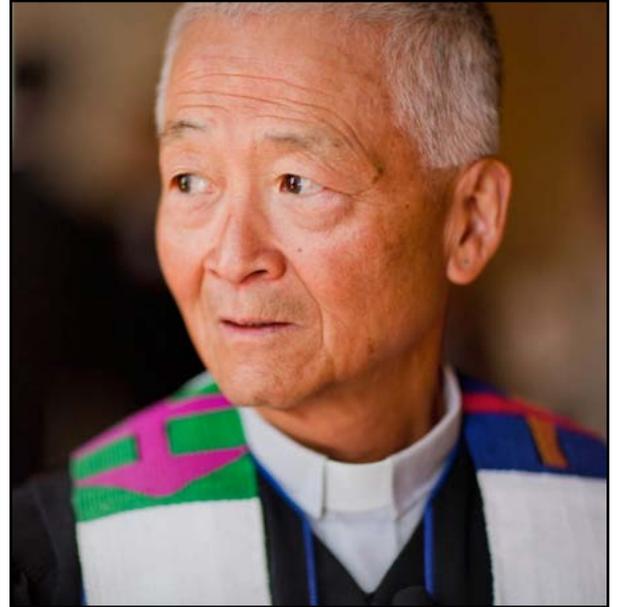
In his book, *The World is Flat*, Thomas Friedman writes: “One thing that tells me a company is in trouble is when they tell me how good they were in the past. Same with countries. You don’t want to forget your identity. I am glad you were great in the 14th Century, but that was then and this is now. When memories exceed dreams, the end is near. The hallmark of a truly successful organization is the willingness to abandon what made it successful and start fresh.”

Friedman is talking about companies and countries, but what he says speaks for the church, too.

In an end-of-the summer gathering of camp counselors, who used the occasion to share some of the highlights of their summer with children, one counselor shared her experience with one of the campers, a sunny little girl she called L. At camp, this counselor had the tendency to gravitate towards the child who needed the most help, and L was one of those.

And here is what she shared: “This last summer, the camper I got closest to, L, was a magical child who was severely disabled. She had two genetic diseases, one of which kept her from digesting any food. She had to be fed through a tube at night and she had so much difficulty walking that I drove her around in a golf cart a lot. We both liked that.

“One day, when we were playing duck-duck-goose, I was sitting behind her and she



Rev. Cal Chinn

asked me to hold her mail for her while she took her turn to be chased around the circle. It took her a while to make the circuit, and I had time to see that on top of the pile was a note from her mom. Then I did something truly awful, which I’m reluctant now to reveal. I decided to read the note. I simply had to know what this child’s parents could have done to make her so spectacular, to make her the most optimistic, most enthusiastic, most hopeful human being I had ever encountered.

“I snuck a quick look at the note, and my eyes fell on this sentence: ‘If God had given us all of the children in the world to choose from, L, we would only have chosen you.’ Before L got back to her place in the circle, I showed the note to Bud, who was sitting next to me. ‘Quick. Read this,’ I whispered. ‘It’s the secret of life.’”

It’s the secret of pastoral ministry. If God had given me all the congregations in the world to choose from, I would only have chosen you. That’s the meaning of a call. Thank you for the honor and privilege of serving as your midwife. It has been a wonder-filled journey which we have shared together. And I will always love you.

To go to the Congregational Church of Belmont website, click on [CCB](#).

# Juneteenth Celebration

Free music and cookout  
Leo J. Ryan Memorial Park  
650 Shell Blvd  
(Foster City Rec Center)



Saturday  
June 17th  
1-4 pm

Foster City Association of Black Residents thanks our sponsors:



**ISLAND UNITED CHURCH**  
A HOUSE OF PRAYER FOR ALL PEOPLE



[iucfc.org](http://iucfc.org)



[fixinsmc.org](http://fixinsmc.org)

Please join the Foster City Association of Black Residents (FCABR) as they commemorate Juneteenth 2023 on Saturday, June 17th! The celebration will be held in the recreation center at Foster City's Leo J. Ryan Memorial Park from 1:00 p.m. to 4:00 p.m. There is no cost for the family-friendly event which includes food and entertainment. Although free, reservations are required to ensure they have enough food and drink to accommodate their guests. Reserve your space today via email: [Juneteenthfostercity@iucfc.org](mailto:Juneteenthfostercity@iucfc.org).

To go to the Congregational Church of Belmont website, click on [CCB](#).

# CCB Calendar for June 2023

1 Thu	7:30PM - 9:00PM ☰	■ Church Events	<a href="#">Choir Rehearsal</a>
4 Sun	9AM - 10:30AM	■ Church Events	<a href="#">Worship Preparation</a>
	10:30AM - 12:00PM	■ Worship	<a href="#">Sunday worship with Rev. Jim Mitulski</a>
	11:30AM - 1:00PM	■ Church Events	<a href="#">Coffee Hour</a>
	5:00PM - 6:00PM	■ Off-site events	<a href="#">Zoom Worship with FCCRC</a>
6 Tue	1:30PM - 2:30PM	■ Off-site events	<a href="#">Online Book Group</a>
7 Wed	11AM	■ Off-site events	<a href="#">First Church of Redwood City Bible Study (Zoom)</a>
8 Thu	7:30PM - 9:00PM ☰	■ Church Events	<a href="#">Choir Rehearsal</a>
11 Sun	9AM - 10:30AM	■ Church Events	<a href="#">Worship Preparation</a>
	10:30AM - 12:00PM	■ Worship	<a href="#">Sunday worship with Rev. Jim Mitulski</a>
	11:30AM - 1:00PM	■ Church Events	<a href="#">Coffee Hour</a>
	1PM - 5PM	■ Church Events	<a href="#">Memorial for Lois Shouse</a>
	5:00PM - 6:00PM	■ Off-site events	<a href="#">Zoom Worship with FCCRC</a>
13 Tue	1:30PM - 2:30PM	■ Off-site events	<a href="#">Online Book Group</a>
14 Wed	11AM	■ Off-site events	<a href="#">First Church of Redwood City Bible Study (Zoom)</a>
15 Thu	9AM - 9PM	■ Off-site events	<a href="#">NCNC Annual Meeting</a>
	7:30PM - 9:00PM ☰	■ Church Events	<a href="#">Choir Rehearsal</a>
16 Fri	9AM - 9PM	■ Off-site events	<a href="#">NCNC Annual Meeting</a>
17 Sat		■ Off-site events	<a href="#">Youth Mission Trip</a>
	9AM - 9PM	■ Off-site events	<a href="#">NCNC Annual Meeting</a>
18 Sun	9AM - 10:30AM	■ Church Events	<a href="#">Worship Preparation</a>
	9AM - 9PM	■ Off-site events	<a href="#">NCNC Annual Meeting</a>
	10:30AM - 12:00PM	■ Worship	<a href="#">Sunday worship with Rev. Jim Mitulski</a>
	11:30AM - 1:00PM	■ Church Events	<a href="#">Coffee Hour</a>
	12PM - 1PM ☰	■ Church Events	<a href="#">Social Action board meeting</a>
	5:00PM - 6:00PM	■ Off-site events	<a href="#">Zoom Worship with FCCRC</a>
19 Mon		■ Off-site events	<a href="#">Youth Mission Trip</a>
20 Tue		■ Off-site events	<a href="#">Youth Mission Trip</a>
	1:30PM - 2:30PM	■ Off-site events	<a href="#">Online Book Group</a>
21 Wed		■ Off-site events	<a href="#">Youth Mission Trip</a>
	11AM	■ Off-site events	<a href="#">First Church of Redwood City Bible Study (Zoom)</a>
22 Thu		■ Off-site events	<a href="#">Youth Mission Trip</a>
	7:30PM - 9:00PM ☰	■ Church Events	<a href="#">Choir Rehearsal</a>
23 Fri		■ Off-site events	<a href="#">Youth Mission Trip</a>
		■ Admin Schedule Change	<a href="#">Admin Out of Office</a>
24 Sat		■ Off-site events	<a href="#">Youth Mission Trip</a>
		■ Admin Schedule Change	<a href="#">Admin Out of Office</a>
25 Sun	9AM - 10:30AM	■ Church Events	<a href="#">Worship Preparation</a>
	10:30AM - 12:00PM	■ Worship	<a href="#">Sunday worship with Rev. Jim Mitulski</a>
	11:30AM - 1:00PM	■ Church Events	<a href="#">Coffee Hour</a>
	5:00PM - 6:00PM	■ Off-site events	<a href="#">Zoom Worship with FCCRC</a>
	6:00PM - 7:00PM	■ Off-site events	<a href="#">Congregational meeting</a>
26 Mon		■ Admin Schedule Change	<a href="#">Admin Out of Office</a>
	7:00PM - 9:00PM ☰	■ Off-site events	<a href="#">CCB Council Meeting</a>
27 Tue		■ Admin Schedule Change	<a href="#">Admin Out of Office</a>
	1:30PM - 2:30PM	■ Off-site events	<a href="#">Online Book Group</a>
28 Wed		■ Admin Schedule Change	<a href="#">Admin Out of Office</a>
	11AM	■ Off-site events	<a href="#">First Church of Redwood City Bible Study (Zoom)</a>
29 Thu		■ Admin Schedule Change	<a href="#">Admin Out of Office</a>
	7:30PM - 9:00PM ☰	■ Church Events	<a href="#">Choir Rehearsal</a>
30 Fri		■ Admin Schedule Change	<a href="#">Admin Out of Office</a>

To go to the Congregational Church of Belmont website, click on [CCB](#).

# CCB Calendar for July 2023

2 Sun	9AM - 10:30AM	Church Events	Worship Preparation
	10:30AM - 12:00PM	Worship	Sunday worship with Rev. Jim Mitulski
	11:30AM - 1:00PM	Church Events	Coffee Hour
	5:00PM - 6:00PM	Off-site events	Zoom Worship with FCCRC
3 Mon		Admin Schedule Change	Admin Out of Office
4 Tue		Admin Schedule Change	Admin Out of Office
	1:30PM - 2:30PM	Off-site events	Online Book Group
5 Wed		Admin Schedule Change	Admin Out of Office
	11AM	Off-site events	First Church of Redwood City Bible Study (Zoom)
6 Thu		Admin Schedule Change	Admin Out of Office
7 Fri		Admin Schedule Change	Admin Out of Office
9 Sun	9AM - 10:30AM	Church Events	Worship Preparation
	10:30AM - 12:00PM	Worship	Sunday worship with Rev. Jim Mitulski
	11:30AM - 1:00PM	Church Events	Coffee Hour
	5:00PM - 6:00PM	Off-site events	Zoom Worship with FCCRC
10 Mon		Admin Schedule Change	Admin Out of Office
11 Tue		Admin Schedule Change	Admin Out of Office
	1:30PM - 2:30PM	Off-site events	Online Book Group
12 Wed		Admin Schedule Change	Admin Out of Office
	11AM	Off-site events	First Church of Redwood City Bible Study (Zoom)
13 Thu		Admin Schedule Change	Admin Out of Office
14 Fri		Off-site events	Family Camp at Monte Toyon
		Admin Schedule Change	Admin Out of Office
15 Sat		Off-site events	Family Camp at Monte Toyon
16 Sun		Off-site events	Family Camp at Monte Toyon
	9AM - 10:30AM	Church Events	Worship Preparation
	10:30AM - 12:00PM	Worship	Sunday worship
	11:30AM - 1:00PM	Church Events	Coffee Hour
	12PM - 1PM ☞	Church Events	Social Action board meeting
5:00PM - 6:00PM	Off-site events	Zoom Worship with FCCRC	
18 Tue	1:30PM - 2:30PM	Off-site events	Online Book Group
19 Wed	11AM	Off-site events	First Church of Redwood City Bible Study (Zoom)
23 Sun	9AM - 10:30AM	Church Events	Worship Preparation
	10:30AM - 12:00PM	Worship	Sunday worship with Rev. Jim Mitulski
	11:30AM - 1:00PM	Church Events	Coffee Hour
	5:00PM - 6:00PM	Off-site events	Zoom Worship with FCCRC
24 Mon	7:00PM - 9:00PM ☞	Off-site events	CCB Council Meeting
25 Tue	1:30PM - 2:30PM	Off-site events	Online Book Group
26 Wed	11AM	Off-site events	First Church of Redwood City Bible Study (Zoom)
	6:00PM - 7:00PM ☞	Off-site events	Deacons' meeting
30 Sun	9AM - 10:30AM	Church Events	Worship Preparation
	10:30AM - 12:00PM	Worship	Sunday worship with Rev. Jim Mitulski
	11:30AM - 1:00PM	Church Events	Coffee Hour
	5:00PM - 6:00PM	Off-site events	Zoom Worship with FCCRC

To go to the Congregational Church of Belmont website, click on [CCB](#).



**‘The Greater the Love, the Greater the Risk’:  
In Conversation with Rev. Dr. Monica Cross and Rev. Jim Mitulski  
Thursday, June 29, from 7 - 8:30 p.m.**

In honor of Pride Month, the Oakland Peace Center will host a conversation between OPC board members, Rev. Dr. Monica Cross, president, and Rev. Jim Mitulski, vice president. They will delve into their activism for queer rights and the intersectional work they are currently engaged in. Within the framework of liberation theology, they will explore the historical context of LGBTQ+ liberation, drawing on its roots in the Civil Rights and women’s movements. On the moral arc of the universe which bends toward justice, what lies ahead? Join [here](#).

**August Messenger Deadline will be July 26.**



To go to the Congregational Church of Belmont website, click on [CCB](#).